

PEACE, HEALTH, AND PROFESSIONAL TRAINING IN PHYSICAL EDUCATION AND SPORT. THE UNDERGRADUATE RESEARCH PROJECTS OF THE UNIVERSITY OF ANTIOQUIA¹

Víctor Alonso Molina Bedoya²

¹ Peace, health, and professional training in Physical education and sport. The undergraduate research projects of the University of Antioquia

² Molina Bedoya, V. A.

Peace, health, and professional training in Physical education and sport. The undergraduate research projects of the University of Antioquia

Dr. Víctor Molina, Universidad de Antioquia

Objective: Recognize how peace and health are expressed in the undergraduate research projects of the bachelor degree in Physical Education of the University of Antioquia (2010-2018): Relevant to understand how curricula are articulated to global trends such as sports for peace and development; and nationally, the contributions of training to the achievement of article 22 of the political constitution of Colombia that establishes peace as a right. **Materials and methods:** Qualitative approach that understood reality as a result of a social historical process. From the technique of content analysis, we sought to infer from un-hiding the unseen to destabilize the immediate intelligibility of the textual surfaces addressed. The analysis was extensive represented in a broad corpus of undergraduate research projects. Ethically, the research was guided by respect for the dignity and protection of the rights of privacy and confidentiality of the authors. **Results:** no reference to peace was found and only 16 papers referred to the health category. According to the emphasis of training, the community sphere reported 12 records (greater presence), followed by sports administration with 3, school education with 1, and sports training with no reference. When analyzing the categories associated to health, we found: health (350) emergencies, health promotion

(161), well-being (106), life quality (100), human development (71), healthy behavior (38), healthy-living styles (32), healthy-living habits (15), mental health (11), collective health (6), physical health (5), public health (4), individual, physical and mental health and good living (2), and finally healthy aging, healthy eating and occupational health with (1) emergence. **Conclusions:** The absence of the category peace in the undergraduate research projects of the bachelor degree in Physical Education demands a critical reflection on the part of the training institutions, in what can be understood as a lack of dialogue of the curricula with pressing issues of the Colombian reality, in a historical moment of progress of the nation towards the construction of a society in peace, which allows it to overcome more than 60 years of armed confrontation. On the other hand, the presence of the health category in 16 reports of 134 reported is scarce if Physical Education is acknowledged as part of the disciplinary realm of health; it also draws attention to the explicit absence of theoretical references that support the categories in the undergraduate research projects.

The material is the result of the research project: peaces and healths in the undergraduate research projects, researchers: Marcela Osorio, Hernando Hurtado, Cristian Valencia, David Bustos, Arnulfo Hurtado. (unpublished)

Key words: Health, Peace, Physical education, Sport.